



A healthcare partnership between





Better Health, Better Care, Better Cost.

(210) 920-9301

QPICSA.com

WELCOME

Welcome to Aetna Whole Health (AWH), your health plan sponsored by Quality Partners in Care (QPIC). Your employer selected this health plan to provide you and your family with high quality, cost effective, and personalized care. We believe you will enjoy the unique advantages QPIC offers.

To ensure you receive the proper care and have access to all of your Aetna Whole Health benefits, the first step is to select your Primary Care Physician (PCP). Choosing a PCP is very important. Your PCP will learn your medical history should you become ill, your access to getting an appointment or referrals will be much simpler.

- 1. Go to www.QPICSA.com
- 2. Click on 'Doctors' then select 'Primary Care'
- 3. Select a PCP from the map or use the list above the map. Click on the physician name for more information or for verification if your provider is in our AWH network. Please call (210) 920-9301 or email QPIC@healthtexas.org for any assistance.
- 4. Once you've selected your PCP, then call your doctor to register as a new patient and schedule a new patient appointment. This will immediately put you on a path to enhancing your health!

As an Aetna Whole Health/QPIC Member, you have access to same day sick appointments, VIP referral processing, and lower co-payments for visits, and much more. Also remember, the best way to take full advantage of savings and personalized coordinated care is to stay in network.

Thank you for choosing us for your healthcare. All of us at QPIC - your doctor and health care team - are here for you and we look forward to seeing how Aetna Whole Health & QPIC will enhance your health.

Simply said, Aetna Whole Health - Better Health. Better Care. Better Cost.

Yours in health,

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Chris Caulfield, MD Medical Director, Quality Partners in Care



*Fullest savings occur when Aetna Whole Health members remain innetwork for primary, specialty and hospital care.



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QPIC In-Network Primary Care Physicians (PCP)

PRIMARY CARE

Boerne Sports & Family Medicine

Caritas Family Medicine

Ching HealthCare Institute

Carlos Lozano

Comprehensive Primary Care

Community Family Medicine

Eman Mina, M.D., PA

Family Medical Home (Wellmed)

Francisco Barrera, M.D. (Wellmed)

Deerwood Family Practice

Gonzaba Medical Group

HealthTexas Medical Group*

MacGregor Medical Center

MedFirst/Baptist Health System

Mercy Wellness Clinics

North San Antonio Healthcare Associates

Pro Care Internal Medicine Assoc.

R Family Medical Group

RM Rocha Medical Clinic (wellmed)

San Antonio Preventive &

Disease Medicine

South Alamo Medical Group (Wellmed)

Southtown Clinic

Stone Oak Family Doctors (Wellmed)

Total Health Primary Care

Wellmed (Aetna Contracted Providers only)

PEDIATRICS

ABCD Pediatrics

Acorn Pediatrics

Alpha Pediatrics

Aquarius Pediatrics

A thru Z Pediatrics

Caring for Kids Pediatrics

Cevey Pediatrics

Helotes Pediatrics

Heritage Pediatrics

Honey Bee Pediatrics

Kid-Doc Pediatrics

Leon Springs Pediatrics

Neo2Teen Pediatric Clinic

New Braunfels Pediatric Associates

Night and Day Pediatrics

Northeast Pediatric Associates

North San Antonio Family Medicine

Pediatric Medicine, PA

PediDocs

Pegasus Pediatrics

South Alamo Medical Group (Wellmed)

SouthTexas Center for Pediatric Care

Southwest Children's Center

Sports & Family Medicine

Step by Step Pediatrics

Stone Oak Pediatrics

Viva Pediatrics (coming soon)

^{*}PREFERRED

QPIC In-Network Primary Care Physicians (PCP)

OB/GYN

Acacia OB/GYN
Advanced Women's Center
Alamo Women's OB/GYN
Caring Center for Women
Comal Women's Center
Dr. Okoli Okechukwu
Heights OBGYN
Healthy Women PA (Acacia OBGYN)

Legacy Women's Health
Live Oak Women's Health
Lone Star OB/GYN Associates
Mary E. Geldernick
New Braunfels OB/GYN

Reproductive Medicine Associates of Texas Riverwalk OB-GYN Serrano OB-GYN Southeast OB/GYN Associates Synergy Healthcare Associates Women's Health Institute Women's Partners in OB/GYN





Same Day Sick Appointments AT OVER 30 LOCATIONS Call us at 210.572.8890

to schedule your SAME DAY SICK APPOINTMENT or visit us online at QPICSA.com

TELADOC®*& RediMD®*

Our doctors and therapists are here to address your care needs and provide guidance as you stay safe in the comfort of your own home- 365/24/7.

Want to talk to a doctor, therapist, or medical expert anywhere you are by phone or video?

Teladoc: 855.835.2362 or member.teladoc.com/aetna

RediMD: 866.989.2873 or redimd.com

Please register to your preferred telemedicine platform before any services

*Please check with your employer to know which telemedicine program is offered.

FOR YOUR CONVENIENCE WE OFFER SATURDAY SERVICES

Colonoscopies



Schedule your visit today!

Mammogram's

Schedule your Mammogram Today!



Same Day Sick Appointment

Visit HealthTexas Clinics

San Pedro Clinic - 530 San Pedro Ave. 78212

Wurzbach Clinic - 8542 Wurzbach Rd. 78240

Please call ahead for Appointments (210) 572-8890

JTA Wellness

At JTA Wellness our foundation is built on teaching practical lifestyle changes and helping clients achieve their wellness goals.

Call (210) 545-4422 or email info@JTAWellness.com

For questions or information on any services, Call (210) 920-9301 or email QPIC@HealthTexas.org

IMAGING LOCATIONS



Baptist M&S Imaging & Breast Center - Downtown

One Lexington Medical Building 215 E. Quincy, Suite 100 San Antonio, TX 78215 Phone: 210-351-0720 Phone: 210-351-0784 Monday-Friday 7:00am - 6:30pm Saturday 8:00am - 12:00pm

Baptist M&S Imaging & Breast Center - North Central

Stone Oak Medical Building 540 Madison Oak, Suite 160 San Antonio, TX 78258 Phone: 210-403-1600 Monday-Friday 8:00am - 5:00pm Saturday 8:00am - 12:00pm

Baptist M&S Imaging Center - Westover Hills

Westover Hills Baptist
Medical Building
3903 Wiseman Blvd., Suite 101
San Antonio, TX 78251
Phone: 210-681-6474
Monday-Friday 8:00am - 5:00pm
Saturday 8:00am - 12:00pm

Baptist Breast Center North Central

Atrium Building 502 Madison Oak Drive, Suite 450 San Antonio, TX 78258 Phone: 210-730-9600 Monday-Friday 7:30am - 5:00pm Saturday 8:00am - 12:00pm

Baptist M&S Imaging - Stone Oak Medical Center

8815 Village Dr. San Antonio, TX 78217 Phone: 210-590-5822

Baptist Breast Center

3903 Wiseman Blvd, Suite 321 San Antonio, TX 78251 Phone: 210-521-2989

Baptist M&S Imaging Center Medical Center

8435 Wurzbach Road Suite 109 San Antonio, TX 78229 Phone: 210-692-9824 Monday-Friday 7:00am - 7:00pm Saturday 8:00am - 12:00pm

Baptist M&S Imaging & Breast Center- Mission Trail Medical

3327 Research Placa, Suite 108 San Antonio, TX 78235 Phone: 210-423-3950 Monday-Friday 7:00am - 7:00pm Saturday 8:00am - 12:00pm

Baptist Breast Center Westover Hills

Westover Hills Baptist Medical Building 3903 Wiseman Blvd., Suite 321 San Antonio, TX 78251 Phone: 210-521-2989 M/T/Th/F 8:00am - 5:00pm Wed 7:00am - 4:00pm

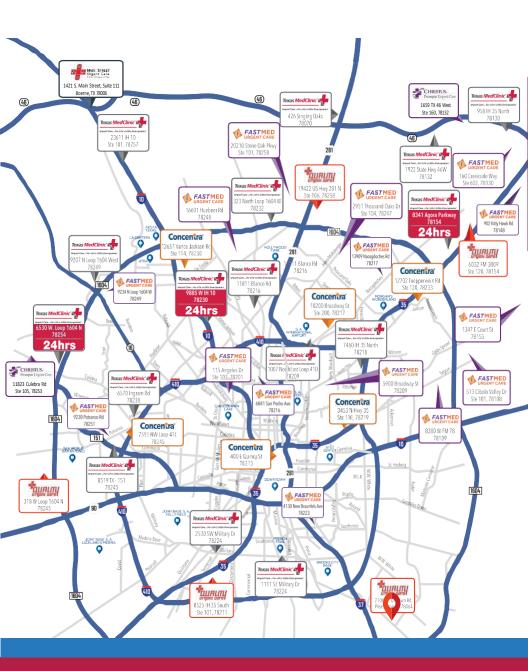
Baptist Breast Center Legacy Oaks

5368 Fredericksburg Road Building C, Suite 305 San Antonio, TX 78229 Phone: 210-350-3115 M/W/F 7:00am - 5:30pm T/Th 8:00am - 5:00pm Saturday 8:00am - 12:00pm

Baptist M&S Imaging & Breast Center - Schertz

16977 IH -35 N, Suite 220 Schertz, TX 78154 Phone: 210-339-9401

For a full list of our locations please visit us at baptistimaging.com



Urgent Care Centers are quicker and more affordable than an ER, and more than likely down the street from you. Many offer online check-in and short wait times! For a full list of locations, please visit OPICSA.com

EMERGENCY ROOM







Emergency

Baptist Neighborhood Hospital - Zarzamora

7719 Interstate 35, San Antonio, 78224 (210) 572-2955



Emergency

Baptist Neighborhood Hospital - Thousand Oaks

16088 San Pedro Ave, San Antonio, 78232 (210) 402-4092



Emergency

Baptist Neighborhood Hospital - Overlook 25615 US-281, San Antonio, 78258 (210) 572-2911



Emergency

Baptist Neighborhood Hospital - Shavano Park 4103 TX-1604 Loop, San Antonio, 78249 (210) 572-8415



Emergency

Baptist Neighborhood Hospital - Westover Hills 10811 Town Center Dr, San Antonio, 78251 (210) 572-0911



Emergency

Baptist Neighborhood Hospital - Kelly 806 Cupples Rd, San Antonio, 78237

(726) 800-2040



Emergency

Baptist Neighborhood Hospital - Hausman 8230 N Loop 1604 W, San Antonio, 78249 (210) 572-8885



Emergency

Baptist Neighborhood Hospital - I-35 @ Schertz 16977 IH-35, Schertz, 78154 (210) 572-4800

HOSPITALS







Emergency Hospital

St. Luke's Baptist Hospital

7930 Floyd Curl Dr, San Antonio, 78229 (210) 297-5000



Emergency Hospital

Baptist Medical Center

111 Dallas St, San Antonio, 78205 (210) 297-7000



Emergency Hospital

North Central Baptist Hospital & Childrens Hospital

520 Madison Oak Dr., San Antonio, 78258 (210) 297-4000



Emergency Hospital

Northeast Baptist Hospital

8811 Village Dr, San Antonio, 78217 (210) 297-2000



Emergency Ho

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Mission Trail Baptist Hospital

3333 Research Plaza, San Antonio, 78235 (210) 297-3000



Emergency Hospital

Resolute Health Hospital & Wellness Campus

555 Creekside Crossing, New Braunfels, 78130 (830) 500-6000



Aetna™ Behavioral Health AbleTo support Here for you when you need it



Convenient eight-week program

with counseling and coaching by video or phone. Just call AbleTo at **1-844-330-3648**.



Consider AbleTo support if you have experienced one of these health conditions or life changes:

- Infertility
- Breast or prostate cancer recovery
- Heart issues
- Diabetes

- Digestive health issues
- Pain management
- Breathing problems
- · Alcohol or substance abuse
- Depression, anxiety or panic

- Postpartum depression
- Caregiving stress (child, elder or autism)
- Grief and loss
- Military transitions



Once a week with a therapist to address emotional challenges like depression, stress and anxiety that can come with a medical diagnosis



Once a week with a behavior coach to identify health goals and develop an action plan

aetna.com

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