

QUICK REFERENCE GUIDE



Quality Partners In Care

A healthcare partnership between



POWERED BY:  **aetna**TM

Welcome

We are pleased to welcome you to the Aetna Whole Health Network*. Aetna Whole Health (AWH) is an accountable health network built from a collaboration between Aetna, HealthTexas Primary Care Doctors, and Baptist Health System. It is led by the patient's primary care physician, and aims to:

- Keep patients healthy/improve their health, in addition to treating them when they are sick or injured
- Highly coordinate care between QPIC, our members, and our provider network
- Share health data among our providers, Aetna, and our members
- Encourage patients to play an active and informed role
- Provide a cost effective choice for our members



Dr. Christopher Caulfield
Medical Director



Dr. Francisco Torres
Asst. Medical Director



Dr. Dean
Medical Director

What is Aetna Whole Health?

- An accountable Care Organization
- Health network of with partnership between Baptist Health System and HealthTexas Primary Care Doctors
- Services offered to AWH members:
 - Care management
 - ER Utilization Notification to PCP
 - DME Assistance
 - Specialist Assistant
 - Coordinating PCP Follow-up
 - Finding PCP Assistance
 - Same Day Sick Appointments
 - New Patients Scheduled within 14 days

QPIC

Medical Neighborhood Program

Partnership with Aetna & Provider groups Value-Based Care Model Different population than ACO population Providers earn an incentive PMPM Set Goals/Targets

- Quality
- Decreasing ER Utilization
- Be better than market
- Membership growth potential
- PCP main focus of care for the member
- Coordination of Care

Alsace
Urgent Care and Family Practice



Multidisciplinary GI care for lasting symptom relief

Referral Guide

What is Oshi Health?

QPIC has partnered with Oshi Health, a virtual gastrointestinal (GI) care program — **in-network with Aetna® and other major health plans**. With Oshi Health, patients can get seen by GI provider within two days to get started on a **personalized, evidence-based care plan** and more.

How does it work?

Oshi Health's **clinically-proven GI care is designed to meet each member's needs**. The care experience begins with a GI provider visit to get to know the member, their health history, and their care goals. From there, a tailored care plan includes **access to step-by-step medical, dietary, and behavioral health support** to gain symptom control.

What type of providers are available?

Oshi Health members have **unlimited access** to:

- Board-certified gastroenterologists
- GI nurse practitioners and physician assistants
- GI registered dietitians
- GI behavioral health providers
- GI care coordinators

How to refer to Oshi Health:

Please direct your patients to enroll in Oshi Health at oshihealth.com/qpic.

How much does Oshi Health cost? Is it covered by insurance?

Oshi Health GI provider visits, including unlimited dietary and behavioral health support services are included with Aetna® plans. All standard co-pays and deductibles may apply as noted in plan benefit details.

What conditions does Oshi Health treat?

Oshi Health helps patients with **all types of GI conditions and symptoms, regardless of whether they have a diagnosis**. Oshi Health provides support for:

- Crohn's disease and ulcerative colitis
- Irritable bowel syndrome (IBS)
- Small intestinal bacterial overgrowth (SIBO)
- Gastroesophageal reflux disease (GERD)
- Abdominal pain and bloating
- Constipation and/or diarrhea
- Stress-induced digestive symptoms
- And more

Questions about how Oshi Health can support your patients?

✉ enrollment@oshihealth.com or

☎ (646) 876-8455 (9 a.m. - 7 p.m. EST)



Scan the QR code to learn more.



In-network with Aetna and many other health plans

