(210)-920-9301 | QPICSA.com

QUICK REFERENCE GUIDE



Quality Partners In Care

A healthcare partnership between







Welcome

We are pleased to welcome you to the Aetna Whole Health Network*. Aetna Whole Health (AWH) is an accountable health network built from a collaboration between Aetna, HealthTexas Primary Care Doctors, and Baptist Health System. It is led by the patient's primary care physician, and aims to:

- Keep patients healthy/improve their health, in addition to treating them when they are sick or injured
- Highly coordinate care between QPIC, our members, and our provider network
- Share health data among our providers, Aetna, and our members
- Encourage patients to play an active and informed role
- Provide a cost effective choice for our members



Dr. Christopher CaulfieldMedical Director



Dr. Francisco TorresAsst. Medical Director



Dr. DeanMedical Director

What is Aetna Whole Health?

- An accountable Care Organization
- Health network of with partnership between Baptist Health System and HealthTexas Primary Care Doctors
- Services offered to AWH members:
 - Care management
 - ER Utilization Notification to PCP
 - DME Assistance
 - Specialist Assistant
 - Coordinating PCP Follow-up
 - Finding PCP Assistance
 - Same Day Sick Appointments
 - New Patients Scheduled within 14 days

QPIC

Medical Neighborhood Program

Partnership with Aetna & Provider groups Value-Based Care Model Different population than ACO population Providers earn an incentive PMPM Set Goals/Targets

- Quality
- Decreasing ER Utilization
- Be better than market
- Membership growth potential
- PCP main focus of care for the member
- Coordination of Care

Refer your patients to the following:

HOSPITAL SYSTEM:

Baptist Health System

IMAGING CENTERS:

Baptist M&S Imaging

LABS:

LabCorp Quest Diagnostic Clinical Pathology Labs

URGENT CARE:

Texas Med Clinic Concentra Quality Urgent Care Main Street FastAid Urgent Care Next Level Urgent Care Alamo City Uc Nextcare

PEDIATRIC URGENT CARE:

Little Spurs Pediatrics Hopscotch Health

Sample Cards:

PREVENTATIVE SCREENINGS

Women's Breast Cancer Colorectal Cancer

> Ages 40-74 Ages 45-75

Yearly A1C-Diabetic

Cervical Cancer Ages 20-74

Kidney Health Function **Test (Diabetics)**

CASE MANAGEMENT

One on one assistance for your patients Contact 210.268.1698 or qpiccm@HealthTexas.org

SATURDAY SERVICES

Colonoscopies Mammograms JTA Wellness Nutrition

Contact 210.268.1698 or QPICCM@HealthTexas.org

VIRTUAL EDUCATION

- Diabetes
- ·Heart Disease
- ·High Blood Pressure
- ·High Cholesterol
- ·Metabolic Syndrome ·Asthma
- ·Sleep Apnea
- Depression
- Migraine
- ·COPD

Youtube.com/@QPIC







































FULLY INSURED



Multidisciplinary GI care for lasting symptom relief

Referral Guide

What is Oshi Health?

QPIC has partnered with Oshi Health, a virtual gastrointestinal (GI) care program — in-network with Aetna® and other major health plans. With Oshi Health, patients can get seen by GI provider within two days to get started on a personalized, evidence-based care plan and more.

How does it work?

Oshi Health's clinically-proven GI care is designed to meet each member's needs. The care experience begins with a GI provider visit to get to know the member, their health history, and their care goals. From there, a tailored care plan includes access to step-by-step medical, dietary, and behavioral health support to gain symptom control.

What type of providers are available?

Oshi Health members have unlimited access to:

- Board-certified gastroenterologists
- GI nurse practitioners and physician assistants
- Gl registered dietitians
- GI behavioral health providers
- Gl care coordinators

How to refer to Oshi Health:

Please direct your patients to enroll in Oshi Health at oshihealth.com/qpic.



In-network with Aetna and many other health plans

How much does Oshi Health cost? Is it covered by insurance?

Oshi Health GI provider visits, including unlimited dietary and behavioral health support services are included with Aetna® plans. All standard co-pays and deductibles may apply as noted in plan benefit details.

What conditions does Oshi Health treat?

Oshi Health helps patients with all types of GI conditions and symptoms, regardless of whether they have a diagnosis. Oshi Health provides support for:

- Crohn's disease and ulcerative colitis
- Irritable bowel syndrome (IBS)
- Small intestinal bacterial overgrowth (SIBO)
- Gastroesophageal reflux disease (GERD)
- Abdominal pain and bloating
- Constipation and/or diarrhea
- Stress-induced digestive symptoms
- And more

Questions about how Oshi Health can support your patients?



enrollment@oshihealth.com or



(646) 876-8455 (9 a.m. - 7 p.m. EST)



Scan the QR code to learn more.