

QUICK REFERENCE GUIDE



Quality Partners In Care

A healthcare partnership between



BAPTIST
HEALTH SYSTEM

POWERED BY:  **aetna**TM

Welcome

We are pleased to welcome you to the Aetna Whole Health Network*. Aetna Whole Health (AWH) is an accountable health network built from a collaboration between Aetna, HealthTexas Primary Care Doctors, and Baptist Health System. It is led by the patient's primary care physician, and aims to:

- Keep patients healthy/improve their health, in addition to treating them when they are sick or injured
- Highly coordinate care between QPIC, our members, and our provider network
- Share health data among our providers, Aetna, and our members
- Encourage patients to play an active and informed role
- Provide a cost effective choice for our members



Dr. Francisco Torres
Medical Director



Dr. Dean
Medical Director

What is Aetna Whole Health?

- An accountable Care Organization
- Health network of with partnership between Baptist Health System and HealthTexas Primary Care Doctors
- Services offered to AWH members:
 - Care management
 - ER Utilization Notification to PCP
 - DME Assistance
 - Specialist Assistant
 - Coordinating PCP Follow-up
 - Finding PCP Assistance
 - Same Day Sick Appointments
 - New Patients Scheduled within 14 days

Refer your patients to the following:

HOSPITAL SYSTEM:

Baptist Health System

IMAGING CENTERS:

Baptist M&S Imaging

LABS:

LabCorp

Quest Diagnostic

Clinical Pathology Labs

URGENT CARE:

Texas Med Clinic

Concentra

Quality Urgent Care

Main Street

Succor Psychiatric UC

FastAid Urgent Care

Next Level Urgent Care

Alamo City Uc

Nextcare

PEDIATRIC URGENT CARE:

Little Spurs Pediatrics

Hopscotch Health

PREVENTATIVE SCREENINGS

Women's Breast Cancer
Colorectal Cancer

Ages 40-74

Ages 45-75

Yearly A1C-Diabetic

Cervical Cancer

Ages 20-74

Kidney Health Function
Test (Diabetics)

CASE MANAGEMENT

One on one assistance
for your patients

Contact 210.268.1698 or
qpccm@HealthTexas.org

SATURDAY SERVICES

Colonoscopies

Mammograms

JTA Wellness

Nutrition

Contact 210.268.1698 or
QPICCM@HealthTexas.org

VIRTUAL EDUCATION

- Diabetes
- Heart Disease
- High Blood Pressure
- High Cholesterol
- Metabolic Syndrome
- Sleep Apnea
- Depression
- Migraine
- COPD
- Asthma

[Youtube.com/@QPIC](https://www.youtube.com/@QPIC)

Our in Network Partners



24 hour locations:
1. Loop 1604 N/Culebra
2. IH 10 W/Wurzbach
3. IH 35 N/Loop 1604

For life threatening issues please call 911



Sample Cards:

aetna Product Name Line One Product Name Line Two ID: M1234 56789 01 AUDREY Q SAMPLE-TESTCARD PCP ABC PRACTICE ASSOCIATES 02 JESSIE Q SAMPLE-TESTCARD PCP ABC PRACTICE ASSOCIATES 03 CANTIN Q SAMPLE-TESTCARD PCP ABC PRACTICE ASSOCIATES 04 EMILY Q SAMPLE-TESTCARD PCP ABC PRACTICE ASSOCIATES 05 KARA Q SAMPLE-TESTCARD PCP ABC PRACTICE ASSOCIATES Medical Legal Entity Print Here Baptist Health System & HealthTexas Medical Group El Paso, TX 79908-1106		AHL-BAPTIST HEALTH & HEALTHTEXAS, INC. - MAH.AETNA.COM MEDICAL INDIVIDUAL Tier 1 Tier 2 INDDED \$55555 \$55555 INDOP MAX \$55555 \$55555 CONDED \$55555 \$55555 CONOP MAX \$55555 \$55555 MEMBER/PROVIDER SERVICES 1-888-888-8888 RX MEMBER SERVICES 1-888-888-8888 MENTAL/BEHAVIORAL HEALTH 1-888-888-8888	
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Multidisciplinary GI care for lasting symptom relief

Referral Guide

What is Oshi Health?

QPIC has partnered with Oshi Health, a virtual gastrointestinal (GI) care program — **in-network with Aetna® and other major health plans**. With Oshi Health, patients can get seen by GI provider within two days to get started on a **personalized, evidence-based care plan** and more.

How does it work?

Oshi Health's **clinically-proven GI care is designed to meet each member's needs**. The care experience begins with a GI provider visit to get to know the member, their health history, and their care goals. From there, a tailored care plan includes **access to step-by-step medical, dietary, and behavioral health support** to gain symptom control.

What type of providers are available?

Oshi Health members have **unlimited access** to:

- Board-certified gastroenterologists
- GI nurse practitioners and physician assistants
- GI registered dietitians
- GI behavioral health providers
- GI care coordinators

How to refer to Oshi Health:

Please direct your patients to enroll in Oshi Health at oshihealth.com/qpic.

How much does Oshi Health cost? Is it covered by insurance?

Oshi Health GI provider visits, including unlimited dietary and behavioral health support services are included with Aetna® plans. All standard co-pays and deductibles may apply as noted in plan benefit details.

What conditions does Oshi Health treat?

Oshi Health helps patients with **all types of GI conditions and symptoms, regardless of whether they have a diagnosis**. Oshi Health provides support for:

- Crohn's disease and ulcerative colitis
- Irritable bowel syndrome (IBS)
- Small intestinal bacterial overgrowth (SIBO)
- Gastroesophageal reflux disease (GERD)
- Abdominal pain and bloating
- Constipation and/or diarrhea
- Stress-induced digestive symptoms
- And more

Questions about how Oshi Health can support your patients?

✉ enrollment@oshihealth.com or

☎ (646) 876-8455 (9 a.m. - 7 p.m. EST)



Scan the QR code to learn more.



In-network with Aetna and many other health plans

